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觀

(風地觀)

「以心觀人，敬誠待人」- 照觀真我的靜心

「觀」是用心看，無論是展現給別人看，還是看別人的展現，都是「觀」。觀感，從來關乎形象聲譽，也涉及待人接物之道。觀察別人時，要從可見的外在，用心看他人不可見的內在。如果為人敬誠，行事便不會表裡不一，對待別人也會一視同仁。生活上，種種虛情假意，扮演裝作，總會令人心身疲累。只有心存敬誠，觀照真我，心靈才會平靜。

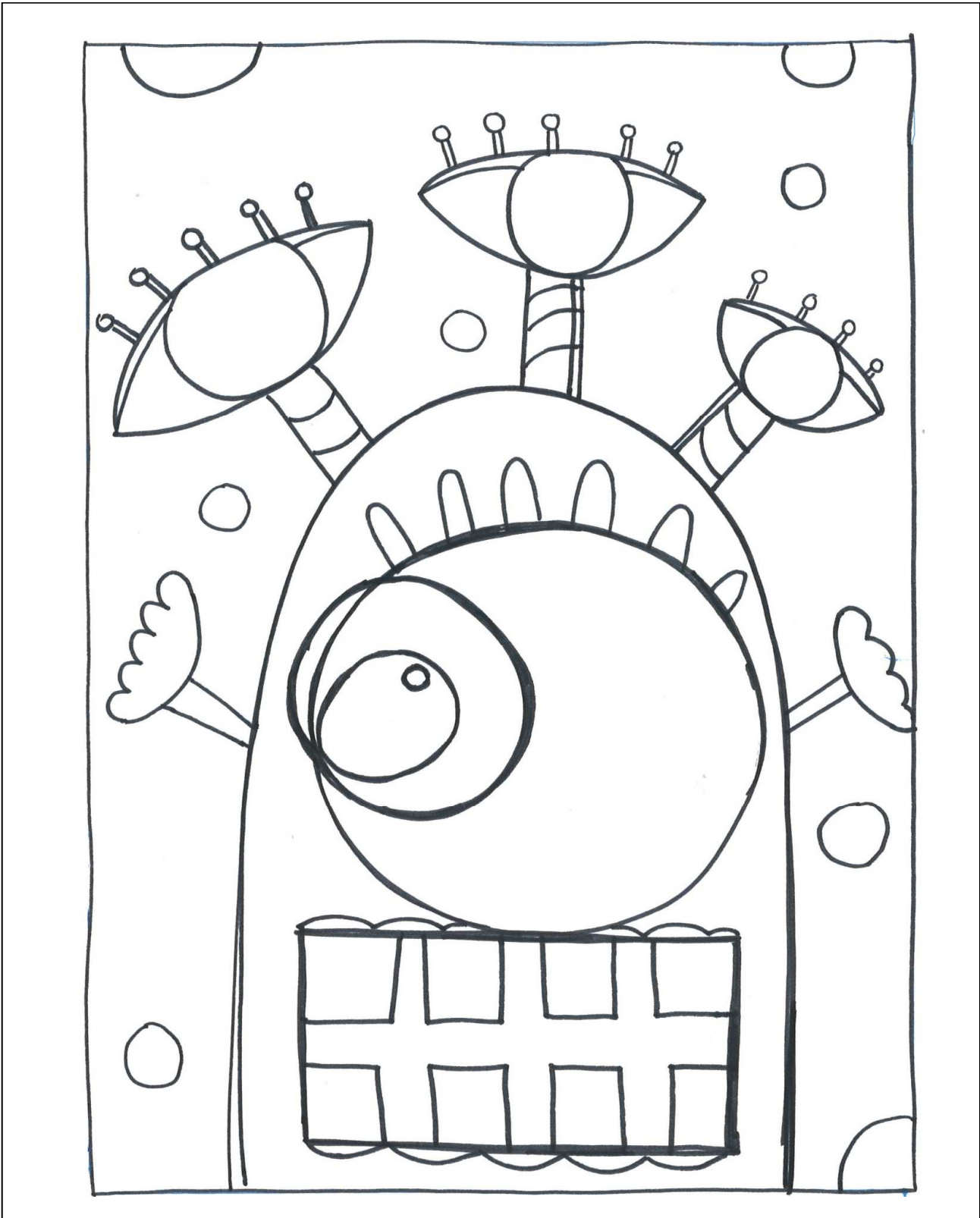
畫作感想
 生活其實很簡
 單，觀即用眼
 看，詠全畫出
 很多，眼睛就
 是希望用眼睛
 錄下身邊所有
 的美事。



畫作人資料

參加機構：匡智會 Hong Chi Association 是本港一所專為智障人士服務的非牟利機構，本著「匡扶智障」的精神，竭誠為智障人士及他們的家庭提供優質教育、適切的培訓及其他賦權的機會，使其得以發展。

畫作人：學員簡詠全 + 導師唐芷欣



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。





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One can only lead others toward growth if we are willing to grow yourself

Suggested Action: View

(hidden influence) 23 Split Apart: Regenerate

(underlying cause) 34 Great Power: Invigorate

A period of Contemplation can come about for a variety of reasons. If one's ego has been wounded and step back to understand the part you played in getting hurt. A job you may have completed and are now stepping back to examine future direction. After a time of Great Power and invigoration, the underlying cause suggests that an anti climactic period follows. The hidden influence calls for Splitting Apart the past from the future. It is a time for regeneration. This hexagram has the appearance of a tower and there is a need to gain a wider view – and take time out to consider your future direction. Others are drawn to those who exhibit an evolved understanding of life that can only come from showing their objectivity and willingness to listen and grow. This means even as a leader, you are called to keep growing. Nothing in nature is stagnant and careful Contemplation is necessary prior to making changes.

* excerpt reference from <https://cafeausoul.com/>



Artist reflection

Life is very simple. Viewing means seeing with your eyes. Wing Chuen draws a lot of eyes. He wants to use his eyes to record all the beautiful things around me.

Profile of Artist

NGO: Hong Chi Association Hong Chi Association is a non-profit making organization in Hong Kong . Hong Chi is dedicated to quality service in educating, training and empowering people with intellectual disabilities and their families and to improve services on a continuous basis.

Artist : Kan Wing Chuen (Student) and Ms. Tong (Tutor of Hong Chi Association)