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「陰陽失衡，動搖根基」- 遠離危險便會亨通

「大過」是大的過錯，象徵陽氣過盛。這揭示凡事超過可承受的狀態令陰陽失衡，便會動搖及破壞根基的道理。平衡是萬事萬物最理想的狀態，智者孜孜追求的，是剛柔並重與陰陽調和。情況猶如屋頂太重令棟樑彎曲不正，便有傾倒的危險，這正是「大過」的景象。遇見失衡的情況，智者會獨立不懼，離開了危險之地，一切便會亨通。

畫作感想
 任何藝術如歌、曲音樂、繪畫、或是詩詞等各類創作，都能夠觸動人的思想 and 心靈。我們應多些做藝術陶冶性情，還能夠為這世界帶來更多愛和正能量。同樣地，我希望我的畫作能帶給你平靜與浪漫的感覺。



畫作人資料

薛凱琪小姐 Fiona Sit 她是一位香港著名女歌手及演員，不時出席不同慈善活動及擔任其慈善大使。她亦是時裝品牌SPIRITUNUS創辦人。



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。





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To follow the energy of life, one might discover that it is always seeking the best of what one might become

Suggested Action: Adjust

(hidden influence) 1: Creative: Initiate

(underlying cause) 27: Nourishing Vision: Nurture

You may have to push beyond what you feel is limiting you by adapting and adjusting. You may need to stand alone with no support during this time of crisis and simply give form to your vision. Too much of a good thing is not always good so Excess can also suggest moderation.

This can be a perfectionist who spends a lot of time practicing, but is fearful of competition or feedback. Look to your work to stand on its own merit. Believe in what you are doing and don't worry about support and acceptance.

Unbalanced energy always generates a chain reaction. A series of events ensue, in which each event is both the *result* of the one preceding, but also, the *cause* of what follows.

Natural action can only manifest when you eliminate your sense of right and wrong, or good and bad. Following how nature is unbiased will return you to a pathway of wellness and balance.

* excerpt reference from <https://cafeausoul.com/>



Artist reflection

All art pieces no matter if they are in a form of a song, a drawing, or a poem holds energy that would touch & affect people's mind & soul. So may we all make art that could bring more love and positive energy to this world, just like how I wish my sketch would bring you a feeling of peace and romance.

Profile of Artist

Miss Fiona Sit is a Hong Kong singer and actress. She often attends various charity events and serves as the charity ambassador. She is also the founder of the fashion brand "SPIRITUNUS".