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「昏昧無知，求學修德」- 知識德行的啟蒙

「蒙」本來指孩童幼稚不懂事的時期，其實，有不少人經常處於這種不明不懂的狀態，內心一直徬徨不安。人如果不明事理，不懂人情世故，生活上難免會處處碰壁。是的，生活上有太多觀點與資訊，有時實在分不清真假對錯。此時，虛心並且主動求學，向有學問與德行的人請教，是唯一能走出愚昧的方法。

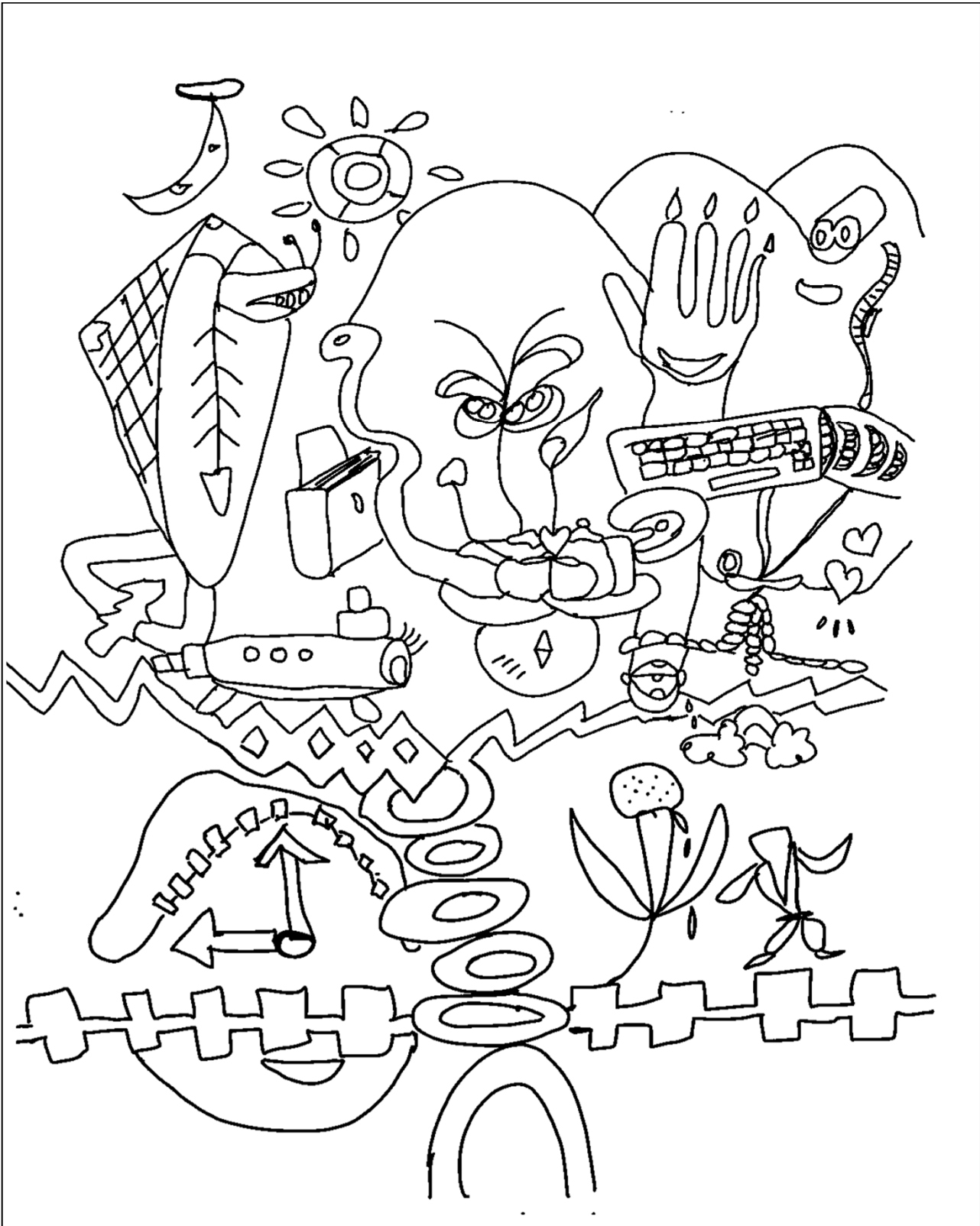
畫作感想
 蒙與我們的潛意識，相信是息息相關。蒙若是名詞的話，相信是一個有待發掘的寶藏。蒙若是動詞的話，便是阻止你通往光明正路之意。如是，正今次的自動書寫的方法，每天一點的加上，組合了像人物像動物像死物，像圖畫，像文字，像有手指又像沒有的「蒙」的塗鴉。(作畫日期由2019年7月至2020年1月中完成。)



畫作人資料

鮑藹倫女士 Ellen Pau 自學錄像藝術，其作品自1987年始見於小型放映會，並在世界各地展覽。自此，鮑女士致力投身錄像創作，對香港的錄像及媒體藝術發展有莫大貢獻。鮑女士於1986年與友人合作創辦「錄映太奇」，以媒體藝術家作集結點，為媒體藝術家提供藝術創作和文化交流平台，促進錄像及媒體藝術在香港成長。鮑女士亦是微波國際新媒體藝術節的創辦人及策展人。

*自動書寫 (Automatic writing)，一種心靈能力，在無意識狀態下，一個人可以自動寫出某些書面內容。相信者認為書寫者的手是自動寫出某些訊息，但是這些內容不是書寫者本人故意去寫出的。在某些狀況下，書寫者是陷入無意識狀態。但是也有書寫者自認意識清楚，但是他的手受到某種外力影響而寫出非他人想寫出的訊息。科學界認為是一種自我暗示作用。(本文摘自《迷人的假像：光影中的心理學秘碼》，魏知超著，湖南人民出版社，出版時間：2014年8月。)



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。





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To know success, make peace with the idea of failing

Suggested Action: Try again

(hidden influence) 24 Return: Go Back

(underlying cause) 49 Molting: Transform

The greatest thing Youthful Folly (蒙) teaches is how knowing something with inner certainty means nothing needs to be defended. A teacher may say: “no, this isn’t the right way – try again.” However, when life does this to you by blocking your way, it is often viewed as a message to give up. Failing is no reason not to try again. Meng cultivates a state of mind that not only allows you to stand at the threshold of awareness without judgment, it also brings the joy of discovery that ensures your success. Life keeps us in a state of not knowing precisely to keep us growing. Much of the suffering we face has the purpose of leading us back to wonder. One who sees failure as a stepping stone for success always succeeds. The turning point during failure leads you to retreat, regroup and try again. The underlying cause for Meng is that a period of Molting or Revolution has led to a state of Innocence where you can be led. It is time to become a student again.



* excerpt reference from <https://cafeausoul.com/>

Artist reflection

Youthful Folly is closely related to our subconscious, I believe. If it is a noun, I believe it is a treasure to be discovered. If it is a verb, it means to prevent you from reaching the bright path. If so, this time with the method of * automatic writing, add a little bit every day, combining like a character like an animal like a dead object, like a picture, like a text, like a graffiti with and without fingers. (Drawing date is from July 2019 to mid-January 2020.)

* Automatic writing, a kind of mental ability, in an unconscious state, a person can automatically write some written content. Believers believe that the writer's hand wrote some messages automatically, but these contents were not intentionally written by the writer himself. In some cases, the writer is in an unconscious state. However, some writers think that they have a clear sense of consciousness, but their hands are affected by some external force to write messages that others do not want to write. The scientific community considers this a self-suggesting effect. (This article is excerpted from "Charming Artifacts: The Secret Code of Chinese Psychology in Light and Shadow", by Wei Zhichao, Hunan People's Publishing House, Published: August 2014.

Profile of Artist

Ms. Ellen Pau is a self-taught video artist. Her early works first appeared in local screening clubs and then resurfaced on the international arena starting in 1987. From there, Ms Pau dedicated her life in video art to the development of media art in Hong Kong. In 1986, Ms Pau co-founded Videotage, a media art collective in Hong Kong aiming at creating an umbrella organization for media artists, facilitating artistic and cultural exchange and promoting video and media art in Hong Kong. She is also the founding director cum curator of the Microwave International New Media Arts Festival.

Ms Pau works as an independent cinematographer, curator, art critic and researcher focusing on Asian new media arts. She also works as an art consultant for her newly founded company Inter-Act Arts. Her single channel videos and video installation works have been extensively exhibited worldwide in film festivals and art biennials. In 2001, 'Recycling Cinema' was selected and exhibited at the Hong Kong Pavilion in the 49th Venice Biennial.