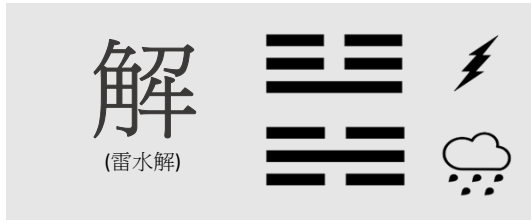


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「困難危險，自力解除」- 積極面對才是解脫之道

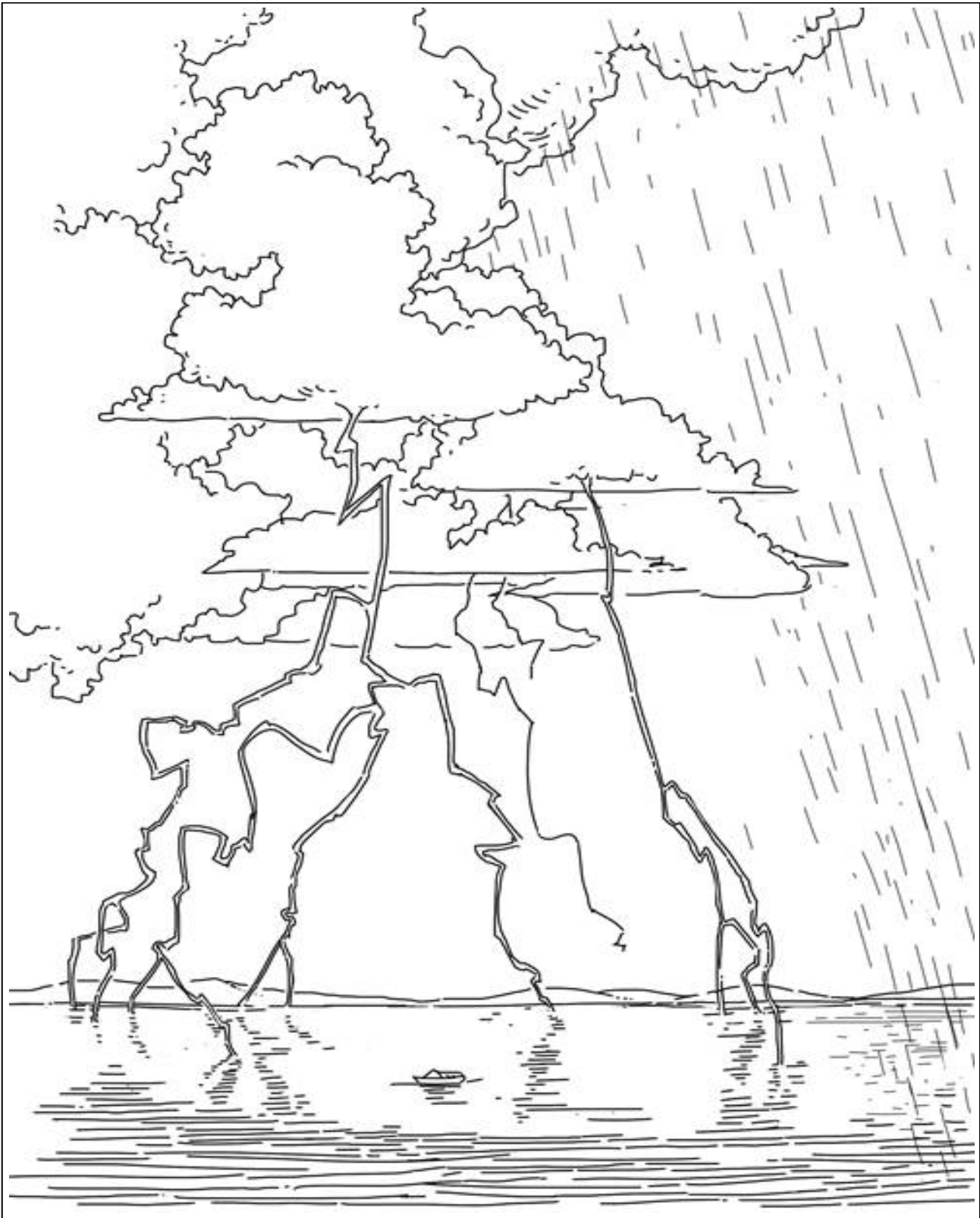
「解」是解除，代表從危難中解脫。解，是問題的解難，更是心靈的解脫。總有些時候，我們被太多難題捆綁，令人喘不過氣來。其實，遇上困難阻礙，能毫不猶疑地積極面對，化險為夷，便是解脫之道。若然問題是由於自身犯了過錯，此時也可得到赦免及寬恕。解脫後，若然有明確的目標，便應該及早起行；若然沒有明確目標，便應該早日回家。

畫作感想
從小就在父親的耳濡目染下接觸了易經與其哲學，當然至今也未能完全解讀。今天的媒介去表達卦象，是一種緣分，也是一個提醒。希望能讓更多的人以不同的方式去理解變化的道理。



畫作人資料

王恬君小姐 Tina Wong 畢業於中國美術學院，2019年香港浸會大學視覺藝術院藝術碩士畢業生。她的作品多集中於在紙本與數位媒體進行的插畫創作。喜歡觀察與捕捉微妙的人際關係與環境情感，對聲音情有獨鍾。



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。



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There is no real difficulty that requires outward movement

Suggested Action: Liberation

(hidden influence) 63 After Completion: Renew

(underlying cause) 37 Family: Support

Be inspired to let go and be released from any lingering transgression that you feel has been made against you. Be inspired to solve a problem that has held you back and prevented you from doing new and better things.

Clear up lingering issues so that you can have a fresh start. It feels good when all tension being released. Please do not dwell on transgressions made against you by others. Learn to pardon and forgive. Get on with what is coming, solve problems that have held you back and generate more energy.

* excerpt reference from <https://cafeausoul.com/>



Artist reflection

I was exposed to iChing and its philosophy from his father since I was a child, and of course he has not fully interpreted it yet. Today, being able to express hexagrams in a media that it is good at is a fate and a reminder. I hope that more people can understand the change in different ways.

Profile of Artist

Miss Tina Wong graduated from China Academy of Fine Arts and graduated with a Master of Arts in Visual Arts from Hong Kong Baptist University in 2019. Most of her work focuses on illustrations on paper and digital media. He likes to observe and capture subtle interpersonal relationships and environmental emotions, and sound especially.