

旅

(火山旅)



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「羈旅於外，形勢不利」 - 守靜不動方是智者

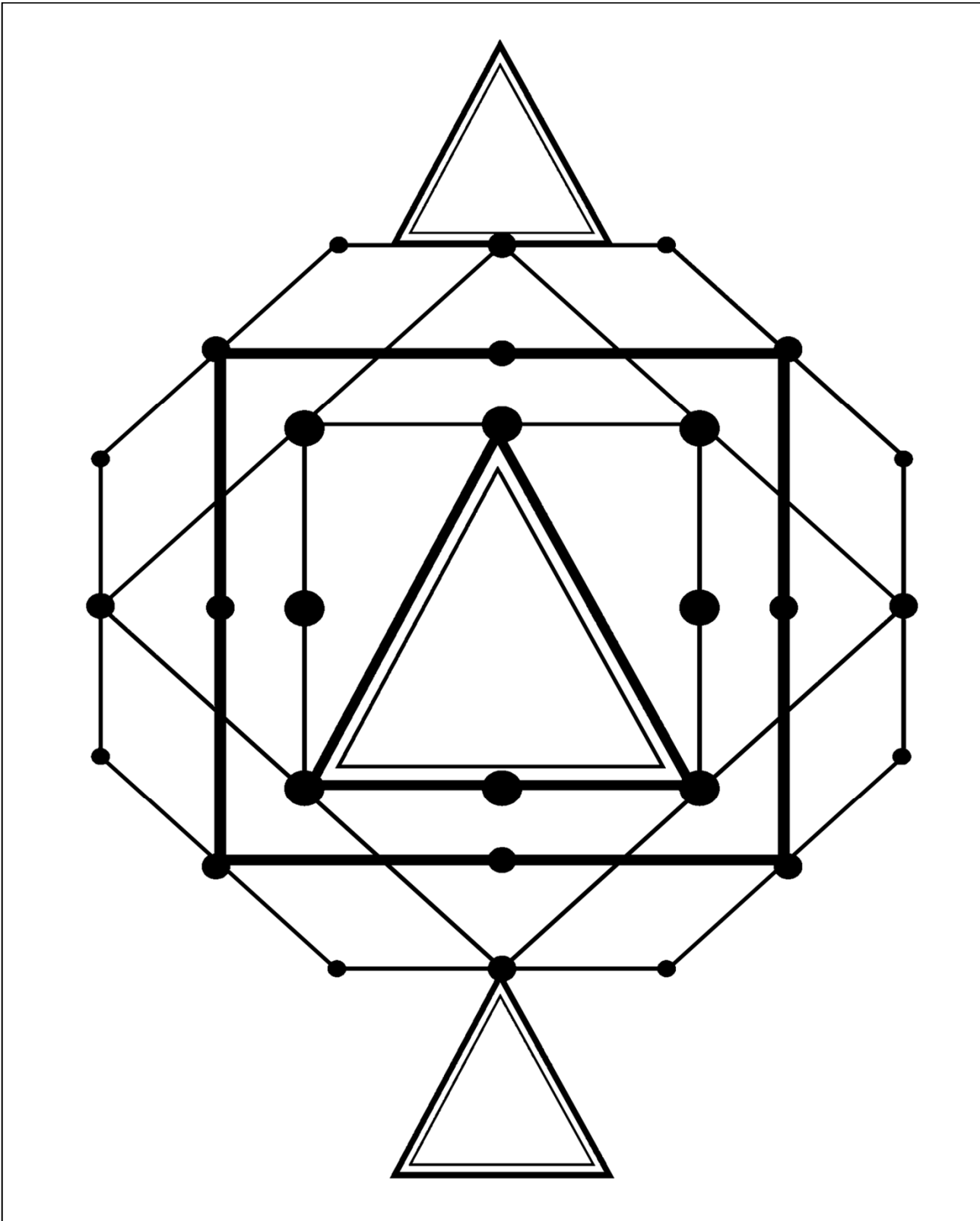
「旅」是羈旅，象徵外在形勢對自己不利。人，一旦離開自己熟悉的環境，所遭遇的難免是種種挑戰。這境況猶如人客居外地，人生路不熟，孤立無援，自然處處碰壁。當外在環境惡劣，懂得專注於小事反而能亨通，若貿貿然處理大事，將會是凶險之事。時機不當，能判斷形勢，守靜不動的方是智者。

畫作感想
看似顛簸的旅
途，其實是
在
不同其
實是
在
自己
的角度
認識



畫作人資料

吳玉琦女士 Madalena Ng 是 Re-mind Workshop 創辦人及頌鉢治療師。



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。



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Keeping quiet is a wise man

Suggested Action: Explore

(hidden influence) 28 Critical Mass: Adjust

(underlying cause) 60 Limitation: Regulate

It is said that the greatest Wanderer does not know where they are going. This is the openness required to follow the Way.

Usually follows an anti-climax where the atmosphere becomes uncertain again. The Wanderer symbolizes the message that it is the journey and not the destination that is important. Something is changing and we will need to be flexible to adapt. Familiar routines and comfort zones will no longer do. importance of not becoming too complacent where stability can lead to stagnation and even collapse.

An open minded attitude will serve we well as we approach the changes. Acknowledging how individual differences can lead we to experience something different about ourselves. Our way is only one way so be open to what The Wandering into the unknown can teach we.

* excerpt reference from <https://cafeausoul.com/>



Artist reflection

Seemingly bumpy journey, in fact, is to know themselves at different angles.

Profile of Artist

Ms. Madalena Ng is a founder of Re-mind Workshop and Singing Bowl Therapist.