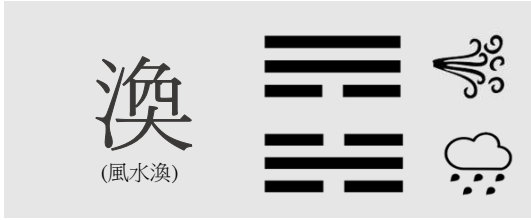


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「渙散逃難，化解危機」- 借助外力能脫險與發展

「渙」是渙散與逃難，揭示人遇到危險時應如何化解危機。渙是風在水之上，如水上的浮木，雖然能渡過險阻，卻沒有明確的方向，故此難成大事。面對危難險阻，人絕不應單憑自己的勇氣貿貿然冒險，因為這樣風險太高，太容易失敗。相反，人必須借助外力，請求他人幫助，同時運用個人智慧規劃解脫方案，這樣才可以在脫離危險後，作進一步發展。



畫作感想
 在創作這幅圖時，我感到要利用這圖來反省。人的身體有自我療癒系統，大自然亦有自我平衡的機制。人要借助外力來平衡自己，通常都是因為不了解大自然的系統。不知道如何運用當下的無窮潛力。

畫作人資料

黃永豪博士 Dr. James Wong 是英國特許工程師、香港註冊專業工程師。他創辦沛然環境評估工程顧問有限公司，亦是香港環境評估學會和香港聲學學會的創始成員，香港能量學會的創始主席。他在綠色建築系統有豐富的實戰經驗，實踐在新的城鎮，酒店，商業，機構和住宅物業發展的規劃制定設計標準以及交通網絡。黃博士在建築聲學領域，設計劇院和音樂廳，特別是「健康聲學」等領域有極深入的研究。在2014年，黃博士被任命為第七位生物幾何學世界教師。在2015年，黃博士成為香港聲學學會資深會員。同年黃博士公開了他研發的「零感法」，設立了訓練課程。



姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。





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With the help of external force, we can escape and develop

Suggested Action: Flow

(hidden influence) 27 Nourishing Vision: Nurture

(underlying cause) 55 Abundance: Fulfill

If you want to experience union, seek to unite. If we want joy, be joyous. The underlying cause of Abundance showed a sense of recognizing our potential and shining alone, but now it is time to share who and what we are with others. If we are in a situation that appears to be dissolving, know that behind any hardness our emotions are being reinvigorated much like the rain. Don't be afraid to allow the truth to come to light because something can only be corrected by admitting that correction or healing is needed.

* excerpt reference from <https://cafeausoul.com/>



Artist reflection

When I drew this picture, I felt that I would use it to reflect. The human body has a self-healing system, and nature has a self-balancing system. People have to rely on external forces to balance themselves, usually because they do not understand nature's systems and how to use the infinite potential of the moment.

Profile of Artist

Ir. Dr. James Wing Ho Wong is a Chartered Engineer in the United Kingdom and a Registered Professional Engineer in Hong Kong. He founded Allied Environmental Consultants Ltd. and was also a Founding Member of the Hong Kong Institute of Environmental Impact Assessment and the Hong Kong Institute of Acoustic and Founding President of the Hong Kong Institute of Energy. Dr. Wong established Allied Environmental Consultants Limited (AEC) and, in 1997, the environmental Allied Group (BVI), working on advanced applications of sustainable concepts in the agriculture, housing, manufacturing, energy and transportation sectors. Dr. Wong has also invested and participated in music and performing arts productions. Today, AEC has completed over 1,500 Environmental Impacts Assessments and engineering design projects and received numerous Environmental Design Awards. In 2015, Dr. Wong became a senior member of the Hong Kong Institute of Acoustics and publicly released his "Nustheria™" and established a training course.