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「維護公義，止戈為武」 - 正義方能得民心

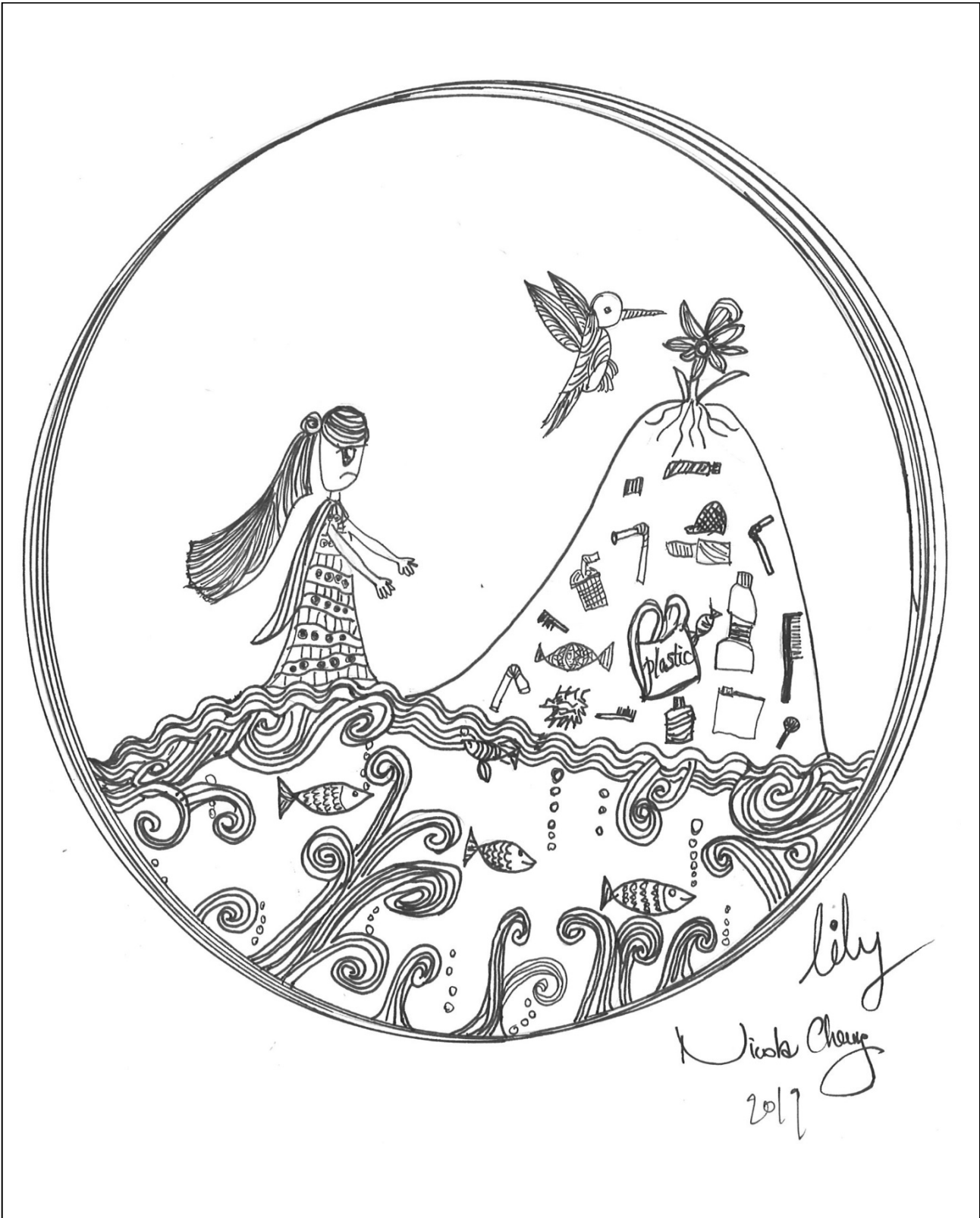
「師」本來是指軍隊，後來引伸為戰爭及領袖。生活中，面對無理與紛亂的局面，有時為了維護尊嚴與權利，無法不用堅定與強硬的態度應付。別擔心，只要出師有名，為了伸張公義，自然會得到別人的認同。此時，必須虛心向智者請教如何平息干戈，避免因為與人發生衝突而引致罪咎。

畫作感想
地球健康與人類的
生活息息相關。在
香港這城市幾平所有
東西唾手可得容易混
淆什麼是真正是需
要什麼是欲望而已。
作為媽媽我有責任教
育下一代，讓她們懂
得選擇保護環境的
生活模式。把她的感
覺變成此構圖後我加
上了我的藝術風格。



畫作人資料

楊張新悅女士 Nicola Cheung Young 及女兒楊凱琳 Lily Young (8歲)，Nicola 為四女孩子的媽媽，Shua Living 創辦人，香港環境管理協會副會長。一直關注和致力推動環保意識及實踐可持續發展。



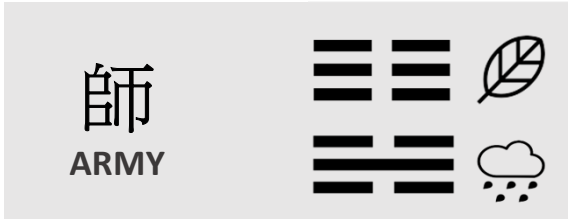
姓名 Name : _____

日期 Date : _____

感想 Reflection : _____

* 把完成填色的畫作給寫上感想，掃描QR Code 填好小問卷，然後電郵畫作到info@designerworkshop.com.hk 給我們，就可免費提取「易圖思」靜觀圖畫冊一本。





To know fulfillment, nourish what is for the belly and not the eye

Suggested Action: Correct discipline
(hidden influence) 24 Return: Go Back
(underlying cause) 13 Fellowship: Socialize

Army (師) symbolizes the Collective Force, whether in love, business or professional goals you may need to establish a plan of action or strategy. Explore whether you are approaching object of enquiry with a sense of battle or domination. Participating in the Collective Force requires balancing individual needs with the respect of others.

Army (師) is also a message about working with others in a group. Perhaps you have been isolated and it is time to return to more social interaction. The obstacles you may be encountering might be solved if you were to allow your vision to be added to and augmented by others. Stay true to yourself, but no person is an island.

Success is when you let things flow towards the goal you are inspired by. Stay in control and not let old habits take you off the path. Act like a general, a leader who is organized with well defined goal and accomplish tasks you have set forth. Reward yourself when you accomplish something towards attainment of your goal.

* excerpt reference from <https://cafeausoul.com/>



Artist reflection

The Earth's health is much dependent on human beings' consumption. As a mother it is my duty to educate and guide my children on choosing a responsible lifestyle. Lily stretched the drawing and I completed it adding my own artistic interpretation.

Profile of Artist

Nicola Cheung Young and Daughter - Lily Young (age 8)

Nicola, mother of four children. Founder of Shua Living, Vice president at Environmental Management Association Hong Kong (EMAHK). A dedicate advocate of sustainability.